



## October is Breast Cancer Awareness Month

Midtown Butuan Rotary Club | Rotary Opens Opportunities

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Rtn. Jernalita Silaga   Rtn. Alchor Tapayan   Rtn. Marilyn Villadolid   Rtn. Joemar Villadolid

**Supports Breast Cancer Awareness Month!**

*In this issue:*

#Pink October Month Celebration

- Pink Frame
  - Pink tiips
  - Pink Zumba Party
  - Culminating Activity

# End Polio

Walk and Run

About the Cover Photo:

The Rotary Club of Midtown Butuan supports Breast Cancer Awareness Month. The eight (8) Clubs of Area 3I and 3J joined hands in the celebration of Pink October Month. The celebration was opened last October 1, 2020 as the kick-off activity wherein the Rotarians change their profile picture using the Pink frame to signify support of the celebration.



WAYS TO PREVENT BREAST CANCER

- Keep a healthy weight
- Be physically active
- Limit alcohol intake
- Have enough sleep
- Eat a healthy diet

Is Be an advocate of breast cancer awareness!



Virtual Pink ZUMBA

Wear Pink. Find your dance floor. Move your body for health!

October 17, 2020 6:30 am

Log- in Details: Log-in information will be given/sent the day of the event (6:00 am).

via Zoom



The 2<sup>nd</sup> week of the month of October was Pink Tips. Every week, a club was assigned to post on their FB page regarding information about Cancer awareness and its prevention. Every club and Rotarian shared the post to reach the public.

in partnership with Rainbow of Angels LCI

Virtual Pink Zumba was hosted by Rotary Club of Midtown Butuan .



The last week of October was the culmination of Pink October-Breast Cancer Awareness Month. The activity was called the Pink Affair. It was a virtual program summarizing all the activities regarding the Breast Cancer Awareness Month. PDG Mary Anne "Me Anne" Solomon, as Breast Cancer survivor, was invited to share her experiences in fighting the disease.



Oct. 05, 2020: Two units of Total Hand washing Stations were turned over to Butuan City LGU. The hand washing stations were located at Langihan Public market and "Tabu-an". This is a partnership project of the four Clubs of Area 3J namely : Rotary Club of Butuan, Rotary Club of Midtown Butuan, Rotary Club of Central Butuan and Rotary Club of Uptown Butuan. The turn-over of 2 units hand washing station was represented by Assistant Governor Teresita Muriel Corvera- Si and Transforming Presidents of Area 3J.








*Participating Rotary Clubs:*






# TURN-OVER OF 2 UNITS OF HANDWASHING STATION

to

## LANGIHAN PUBLIC MARKET

October 5, 2020 @ 1pm  
Langihan Public Market, Langihan, Butuan City

### HAND WASHING STEPS

-  **RINSE**
-  **SOAP**
-  **SCRUB 5 SECONDS**
-  **SCRUB 5 SECONDS**
-  **SCRUB 5 SECONDS**
-  **SCRUB 5 SECONDS**
-  **RINSE**
-  **DRY**

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The Rotary Clubs of Area 3I And 3J support the World Polio Day in celebration to fight against Polio. This was conducted last October 24, 2020 at Caraga State University Complex, Ampayon, Butuan City,

The said activity was simultaneously celebrated with all the clubs under District 3860.

Area 3I and 3J started with a Run and followed by Zumba.

The activity was graced by DPC Enrique Andres and Spouse Grace and Assistant Governors of Area 3I Rosemarie Lim and Teresita Muriel C. Si of Area 3J.

The activity was also participated by Rotaracts.















# RUN and DANCE to help



# END POLIO NOW

A VIRTUAL FUN RUN AND FITNESS DANCE AWARENESS CAMPAIGN  
with Rotarian and ZIN Armie Leila, and Arcelo de Leon  
Hosted by Rotary Club of Central Butuan


**WORLD POLIO DAY**  
**OCTOBER 24**  
*A Fight Against Polio is A Win for Global Health.*


 In Partnership with  
 Caraga State University

# END POLIO NOW ACTIVITIES



The Rotary Club of Midtown Butuan supported the celebration of End Polio Now last Oct. 24, 2020 at Caraga State University, Butuan City.

The activity was started with Walk and Run and followed by Zumba. The activity was attended by limited participants only due to pandemic situation. Nevertheless, the attendance of attendees was good.

END POLIO Run and Dance was headed by District Polio Coordinator Enrique G. Andres and Spouse Grace Andres, Assistant Governors Rosemarie Lim, Area 3I and Teresita Muriel Corvera- Si, Area 3J and Spouse Alvin Si, and all Transforming Presidents namely, Pres. Ernesto Navarro- RC Butuan, Pres. Josefa Canoy- RC Butuan North, Pres. Rathzel Dargantes- RC Downtown Butuan, Pres. Inphil C. Gilbuena – RC Midtown Butuan , Pres. Ryan Jae G. Yap, RC Central Butuan, Pres. Carlo Dacera – RC Butuan East Central and Pres. Ron Carlo I. Honculada – RC Uptown Butuan together with the members of each club.